

RISK ASSESSMENT – ACTIVITY LEAD BY PURE ADVENTURE - COASTEERING - JERSEY

Instructor must be a member of the National Coasteering Charter and follow the recommended safety procedures of this British Organisation.

HAZARD OBSERVED	RISK BEFORE CONTROL MEASURES	PERSONS AT RISK	CONTROL MEASURES	COMMENTS ACTIONS	RESIDUAL RISK RATING
Sea State – rough seas and big swell	Injury, drowning	Participants	<ul style="list-style-type: none"> Marine check on weather and sea state. Qualified instructors will make a site specific and sea condition appraisal to decide on suitability of activity. Instructor to consider suitability of group ie. children, less confident swimmers etc. 	Assessment of sea state in advance of activity. If unsuitable instructor cancels/postpones activity	High
Weather – Lightning storms	Injury, death	Participants	<ul style="list-style-type: none"> If a storm is forecast or commences during the activity the group will be taken to a safe exit and the activity will cease. 	Weather check in advance to assess suitability of conditions- following decision from lead NCC member instructor	High
Uneven terrain	Injury	Participants	<ul style="list-style-type: none"> Instructors to point out all footing hazards and risks of slips/falls during the initial safety brief and throughout the duration of the activity. Suitable demonstrations on moving safely around wet rock faces and boulders/cliffs Group management – ratio of 1 instructor per 8 participants, however never any fewer than 2 instructors for any coasteering activity irrelevant of group size. Groups of children – ratio of 1 instructor for every 6 children. All instructors participating are qualified in outdoor first aid and water resuscitation first aid 	Safety brief on wet, slippery surfaces and monitor throughout the activity	Medium

			<ul style="list-style-type: none"> All instructors carry recommended safety kit and VHF radios or mobile phones 		
Drowning, secondary drowning	Injury, death	Participants	<ul style="list-style-type: none"> All participants must be able to swim All participants must wear the safety kit provided – buoyancy aids for full torso, helmets, full body wetsuits, trainers or wet shoes for feet. All participants only to enter the water following instruction from the lead guide and only into the stipulated zones 	NCC qualified instructors are all water safety trained and first resuscitation trained. A complete safety kit is taken for the activity including tow lines, safety blankets, VHF radios, first aid kit. Life guards on patrol of the beach are advised of group size and expected duration of activity before start.	Medium
Cliff Jumping	Injury, death	Participants	<ul style="list-style-type: none"> Instructor to thoroughly brief group on correct jumping technique. Instructor to carefully select jumping sites based on knowledge of heights and water depth and groups ability. One person to jump at a time. Jumps progress from low to high to allow Instructor to judge individual ability. Participants will not be allowed to jump from high jump sites if they show hesitation at lower levels Any participant not wishing to cliff jump will always be given the option of entering the water at sea level with one of the instructors and will then rejoin the group. High importance is stressed on listening to the instructor and good behaviour during the activity to 	Management of all cliff jump areas is of high importance to the qualified guides leading this activity. All participants will be briefed on the importance of only jumping in chosen zones and when suitable. Any lack of safe behaviour from participants will	Medium

			maintain group safety.	result in termination of the activity and immediate exit from the activity zone.	
Cold water and wind	Hypothermia	Participants	<ul style="list-style-type: none"> • Suitable thick, full body wetsuits are obligatory clothing for this activity. • If it becomes apparent that individuals are showing signs of coldness this will be monitored and the participants will be warned that continued coldness will result in early termination of the activity which will be decided by the lead instructor. 	Instructor certified in outdoor first aid will assess need to terminate activity and exit water for anyone showing initial signs of cold – ie shivering, blue lips etc.	Medium
Entering/exiting caves	Injury	Participants	<ul style="list-style-type: none"> • All instructors will assess the viable access into a cave based on the swell height, tide, and group ability and confidence as swimmers. • Any individual not wanting to enter a cave will be given an alternative route to take with the additional instructor • Helmets are worn at all times and protect the individual from lower levels in the caves although only caves that allow standing height for adults will be entered. 	Instructor to monitor swell into gullies/caves and group management whilst in a cave	Medium