

## RISK ASSESSMENT – SURFING & BODY BOARDING WITH PURE ADVENTURE – JERSEY

Qualified SLSGB certified staff lead and supervise all surfing and body boarding activities

HAZARD OBSERVED	RISK BEFORE CONTROL MEASURES	PERSONS AT RISK	CONTROL MEASURES	COMMENTS ACTIONS	RESIDUAL RISK RATING
Wave height	Drowning, injury.	Participants	Always ensure that beginner adults and children are staying within water that is no higher than chest height for the duration of the activity, so that they can always touch the sea bed.	Vigilance and monitoring of this throughout the activity and moving participants when straying from recommended water levels	High
Strong currents, big tides, rips	Drowning, injury.	Participants	<ul style="list-style-type: none"> <li>Choose life-guard patrolled beaches and only surf within the flagged zones of safety.</li> <li>Never permit unsupervised swimming or paddling</li> <li>Always risk assess in advance for tides, currents, rips and rocks below the surface.</li> <li>Also assess ability of group – confirmation of swimming ability is essential.</li> </ul> Establish: <ul style="list-style-type: none"> <li>safe area</li> <li>signals for distress and recall</li> <li>lifesaver and observers (adults to stay out of water)</li> <li>head counts</li> <li>safety briefing before entering the water</li> </ul>	Site-specific risk assessment. Liaise with on site life guards before activity starts. Stress importance of immediate action following signals of warning and instruction	Medium
Low sea temperatures	Hypothermia	Participants	<ul style="list-style-type: none"> <li>Use of correct thickness wetsuits</li> <li>Use of wetsuit boots (depending on water temperature)</li> <li>Use of wetsuit hoods (depending on water temperature)</li> <li>Clients made aware of danger of getting too cold</li> <li>Carry warm layers for exiting water</li> </ul>	SLSGB staff to check sea temp in advance and consider is group appropriate	Medium

Wipe Out	Drowning, injury.	Participants	As part of overall instruction to the group carry out wipe out procedure and actions.	Lead instructor to demonstrate	High
Marine Stings	Injury	Participants	<ul style="list-style-type: none"> <li>● Use appropriate wetsuits and accessories</li> <li>● In areas/times where weaver fish are prevalent use of wetsuit boots</li> <li>● Check with lifeguards</li> <li>● Enquire re anaphylactic reactions</li> <li>● during health check</li> </ul>	Liaise with Life Guards and have first aid procedure in place	Medium